



Explore PAPAA's easy print downloads

Explore PAPAA's free downloads, which includes, evidence-based leaflets tailored for those affected by psoriasis and psoriatic arthritis.

- **Essential resources introductory booklet:** Outlines PAPAA's history, services, and policies—ideal for newcomers seeking comprehensive information.
- **Children's guide:** Addresses inheritance, symptoms, and management strategies for paediatric cases.
- **General leaflets:** Include practical guidance on treatments, fatigue, lifestyle and daily management.
- **Enhanced print versions:** We have developed user-friendly print versions of these resources, each has a QR coder for seamless digital access to the PAPAA website to allow navigation to the resources.

This brings benefits to both those with the conditions, who can quickly scan for additional support materials at home or on the go, and healthcare professionals (HCPs), who can share access to the PAPAA website effortlessly in consultations.

By bridging print and digital formats, these versions promote greater engagement with up-to-date educational content, aligning with PAPAA's commitment to accessible, patient-centred care.

[Go to our download page](#)

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