



Weight loss and psoriasis

We've been following the developments around GLP-1 agonists, medications like semaglutide and tirzepatid, and the role that they could have in treating psoriasis, particularly for patients who are overweight or have type 2 diabetes.

These drugs not only help with weight loss but also may reduce inflammation connected to psoriasis. Biologics remain the cornerstone for managing moderate to severe psoriasis, but combining them with GLP-1 agonists could open a new chapter in treatment by addressing both skin symptoms and metabolic health simultaneously.

For a clear and evidence-based summary of this emerging treatment approach, please read our original article: [**GLP-1 agonists and biologics: A new era in psoriasis treatment**](#)