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World Arthritis Day

This year's World Arthritis Day (WAD) theme is **"Informed Choices, Better Outcomes."** The focus is on the importance of having access to accurate information. The campaign encourages individuals to work closely with their healthcare professionals to make informed decisions, ultimately enhancing their health and quality of life.

This theme aligns perfectly with the rollout of **Patient Initiated Follow-up (PIFU)**, also known as **Patient Initiated Return (PIR)**, across all specialties in the UK.

PIFU aims to personalise care for patients and improve their outcomes and experiences. However, it's important to note that there is currently insufficient high-quality data to prove that this approach is automatically better than the traditional routine follow-up appointments scheduled by the rheumatology team. Learn about how Professor Laura Coates at Oxford is leading a study to tackle these issues. [Read more...](#)