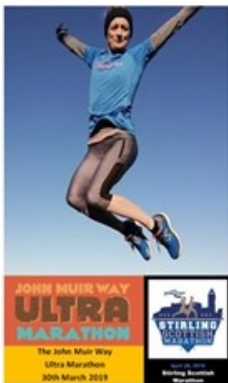




The Psoriasis and Psoriatic Arthritis Alliance

A registered charity no: 1118192

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Heather's challenge

PAPAA supporter Heather Imrie is taking on two challenges.

The John Muir 50 km ultra 30th March 2019 and the Stirling Marathon 28th April 2019, to raise funds for PAPAA. [To read more or to support Heather follow this link](#)

If you would like to get involved like Heather or see what others have done, why not visit our [JustGiving page](#)



YouTube and psoriasis

Read a review of a recently published study about the reliability of videos posted on YouTube. [*The Absence of Evidence is Evidence of Non-Sense: Cross-Sectional Study on the Quality of Psoriasis-Related Videos on YouTube and Their Reception by Health Seekers*](#)



Case stories

Read some personal stories that have been submitted for our dedicated [web page](#)

If you are inspired by these, why not [share your story](#) too.

All stories are anonymised, so you have freedom to say what you are feeling and want others to know.

Contact Us

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