



A day in your life

We would like to gather your views and experiences of living with psoriasis and or psoriatic arthritis. By creating a resource and a diary of real experiences, both good and bad, the project aims to provide a snapshot of how the conditions affects a day in your life.

[Read more](#)



Wellbeing sessions

- Is your wellbeing currently affected by your skin condition?
- Are you feeling anxious, low, stressed, or embarrassed?
- Have you stopped doing things you enjoy because of your skin?
- Do you have worries about the appearance of your skin condition?

The Sheffield Health and Social Care NHS Foundation Trust are currently running wellbeing sessions for people living with a range of skin conditions

[Read more](#)



PAPAA wristbands

Why not show your support of PAPAA, by getting one of our tri-colour (yellow, red and black) wristbands.

Available to order from our shop.

[Go to the PAPAA shop](#)

Contact Us

Mailing address:
PAPAA
3 Horseshoe Business Park
Lye Lane
Bricket Wood
St Albans
AL2 3TA

01923 672837
info@papaa.org

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